

Considering Home Phototherapy?

Home phototherapy is an FDA-cleared, safe, and proven treatment trusted by dermatologists to help manage chronic skin conditions like vitiligo, psoriasis, eczema, and CTCL (Cutaneous T-Cell Lymphoma).¹

What is Home Phototherapy?

Home phototherapy uses safe, controlled doses of light to treat skin conditions—right from the comfort of your home.

It's the same dermatologist-recommended therapy used in clinics, but designed for home use with modern technology for safety and ease.

Why Choose Phototherapy?

Safe: FDA-cleared, clinically proven, and effective for varying skin types—even for children², elderly³, and pregnant women⁴.

Convenient: Most patients treat 3 times a week at home—no travel or office visits required.

Effective: Phototherapy has been used for decades and continues to be recognized as an effective treatment option for chronic skin conditions. Whether used as monotherapy or in combination therapy, phototherapy can help.¹

Affordable: Home phototherapy is widely covered by insurance.

74% of vitiligo patients **experienced skin repigmentation** after 6 months.⁵

What Happens After Your Prescription?

Here's what happens once your dermatologist sends your prescription to Phothera:

1. Prescription Sent

- Your provider sends your prescription directly to Phothera.

2. Confirm Your Details

- Phothera will email and text you (twice) to confirm your shipping address and contact details.

[This is also your opportunity to make any changes or updates before your order ships.](#)

3. Device Shipment

- After two texts, your device will be shipped.

[Device ships for free directly to your home.](#)

4. Insurance & Costs

- You'll receive an Explanation of Benefits (EOB) from your insurer and a bill for any out-of-pocket cost (if applicable).

- **Phothera Cares**

PATIENT FINANCIAL ASSISTANCE PROGRAM

If affordability is a concern, Phothera Cares can help. Our financial assistance program ensures cost is never a barrier to treatment.

[Learn more at bit.ly/Phothera-Cares](https://bit.ly/Phothera-Cares)

5. After Shipment

- Reach out to Phothera directly for any issues with your device.
- Visit Phothera.com for more details.

Safety is a Priority with ClearLink[®] Controller with Guided Mode

Ensuring safety and simplicity through easy-to-follow, step-by-step instructions.

- **Touchscreen Simplicity:** Modern, intuitive, and familiar. Administering home phototherapy is now as easy as sending a text.
- **Ease of Use:** Clear, on-screen prompts guide you through every step – so treatment feels effortless, never complicated.
- **Built-in Safety:** Smart functionality adds guardrails to every session, protecting your skin and ensuring safe, consistent therapy every time.
- **Confidence:** Guided Mode automatically tracks and adjusts your dosing with each treatment—keeping you safely on course toward clearer skin or repigmentation.

Get to Know Our Devices



Spot / Scalp:

Phothera
100XL

Handheld device designed for spot treatment throughout the body e.g., the scalp, and compatible with travel.

*not available with Guided Mode



Hands / Feet:

Phothera
200

Panel device (2 sq. ft.) ideal for face, hands, feet and other localized treatment areas.

Guided Mode touchscreen controller guides patients through every treatment.



Full Body:

Phothera
600 3D

6 ft. tall panel with 180° treatment coverage for large areas of body surface or full body treatments. **Easiest to achieve widespread coverage.**

Guided Mode touchscreen controller guides patients through every treatment.

Learn More at [Phothera.com](https://www.phothera.com)

1. Myers E, Kheradmand S, Miller R. An update on narrowband ultraviolet B therapy for the treatment of skin diseases. *Cureus*. 2021;13(11):e19182. doi:10.7759/cureus.19182.
2. Jury CS, McHenry P, Burden AD, et al. *Clin Exp Dermatol*. 2006;31(2):196-199.
3. Bulur I, Erdogan HK, Aksu AE, Karapinar T, Saracoglu ZN. The efficacy and safety of phototherapy in geriatric patients: A retrospective study. *An Bras Dermatol*. 2018;93(1):33-38. doi:10.1590/abd1806-4841.20185468.
4. Bae YSC, Van Voorhees AS, Hsu S, et al. Review of treatment options for psoriasis in pregnant or lactating women: From the Medical Board of the National Psoriasis Foundation. *J Am Acad Dermatol*. 2012;67(3):459-477. doi:10.1016/j.jaad.2011.07.039.
5. Bae JM, et al. Effectiveness of narrowband ultraviolet B phototherapy for vitiligo: A systematic review and meta-analysis. *JAMA Dermatol*. 2017;153:666-674.